



Project Safety Net (PSN) mobilizes community support and resources in Palo Alto for youth suicide prevention and mental wellness. We are a coalition working on community education, outreach, and training; access to quality youth mental health services; and policy advocacy.

AGENDA

2nd PSN Kicks off September Suicide Prevention Awareness Month

August 31, 2022, 3:30 – 5:00 PM

Join: <https://us06web.zoom.us/j/85872760950>

Meeting ID: 858 7276 0950 Dial in: +1 669 900 9128 US (San Jose)

Please note that this event will NOT be recorded.

At all PSN community meetings, we encourage people to connect, share information, and build skills.

By the end of this event, you will:

- Understand the power of community members to promote youth suicide prevention and mental wellness
- Distinguish protective and risk factors and warning signs of suicide
- Identify two events and activities during September Suicide Prevention Awareness Month 2022

3:30 pm	Welcome All participants, please introduce yourself in the chat box: <ul style="list-style-type: none">• Your name, pronouns, affiliation• What's one thing you've learned from a young person?• Any announcements	Peying Lee she/her PSN Program Coordinator
3:40 pm	Talk Saves Lives	Christina Cappello she/her AFSP Greater San Francisco Bay Area Area Director
4:45 pm	Community Announcements and Reflections	You if you would like to share!
4:55 pm	Closing and Thank You Take 5 mins to anonymously share your feedback: https://tinyurl.com/psnSept2022	Peying Lee

IMPORTANT LINKS

Take care and reach out. Find and share resources: <https://psnyouth.org/resources/>

Review PSN community meeting materials: <https://www.psnyouth.org/community-meetings/>

Check out PSN's [calendar of events](#) or [sign up for PSN's mailing list](#).

Follow @psnyouth on [Facebook](#) and [Twitter](#), and @psn_youth on [Instagram](#)

Thank you to the [City of Palo Alto](#) for sponsoring PSN's September Suicide Prevention Awareness Month Campaign!